

# The School District of Palm Beach County, Florida

## Wellness Promotion Task Force

Meeting Agenda

October 16, 2013



**Mission:** The *Wellness Promotion Policy (2.035)* creates a forum to educate the District and community partners to successfully collaborate in promoting healthier lives. With the District's ultimate goal of **improving student performance**, the direction of the *Wellness Promotion Task Force* is to encourage a proactive approach to holistically address the health, wellness, and safety for all school children and staff, parents, and the community.

- ✚ **Brief Introduction & Opening Remarks** – Meeting timeline (8:30 a.m. - 10:30 a.m.)
  - Pledge of Allegiance - 3 minutes
  - Ice Breaker ☺ - 4 minutes
  - Welcome from Steve Bonino & Paula Triana – 4 minutes
    - Survey Results of the 2012-2013 Wellness Promotion Task Force meetings
- ✚ **Wellness Promotion Policy (2.035)** – Paula - 3 minutes
  - Review the feedback provided to us regarding the top three issues that we should consider for the 2013-2014 school year.
- ✚ **2013 Sunshine State School Public Relations Association's - "SUNSPRA Medallion Award"** – 3 minutes
  - The District received the *Sunshine State School Public Relations Award* for the 6<sup>th</sup> Edition of the District's Wellness Promotion Policy Annual Report (FY-2012). It was awarded 1<sup>st</sup> place for the "Wellness Annual Report" entry under the Publications and Public Relations Tools category and it also received the "Best of Show" under that same category on July 19, 2013 in Tampa, Florida
    - Thanks to Steve Bonino who received these awards on behalf the District and the community at the FASA Summer Conference
- ✚ **Public Invitation to All ~ FY-2013 Wellness Promotion Policy Annual Report**  
– 3 minutes
  - 7<sup>th</sup> Edition – Wellness Promotion Policy Annual Report  
School Board Workshop at FHESC - Main Board Room
    - **Wednesday, January 8, 2014**
- ✚ **Presentations & Discussion** –
  - \* Commit 2B Fit Program & Allamanda Elementary ~ 3 minutes  
**Paula Triana**
  - \* Families First of Palm Beach County ~ 10 minutes  
**Julie Swindler, CEO**
  - \* "Storytellers Video: The School District of Palm Beach County Diabetes Health Plan" ~ 5 minutes  
**Jim Moore, UnitedHealthcare, Strategic Account Executive**

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- \* The Walking Classroom Institute ~ 8 minutes  
Laura Fenn, *Founder & Executive Director*
- \* “Power Up with Breakfast” Campaign... ~ 7 minutes  
Lori Dornbusch, *School Food Service Department*
- \* 2<sup>nd</sup> Year ~ Soul Source Project and the PBC Food Bank ~ 3 minutes  
Perry Borman, *Executive Director of PBC Food Bank*
- \* Citibank – 1<sup>st</sup> “Healthy School/Well Workplace Award” ~ 4 minutes  
Tracey Mularchyk, *Relationship Manager*

**Please visit the OneBlood and Citibank tables at the courtyard...**

Please donate **BLOOD**...if you can!

**We want to reach our goal of 150 pints AGAIN this school year!**

(13 pints have been collected thus far and we need 137 more pints...PLEASE HELP US REACH OUR GOAL!)

**Other School/Department Based Activities - Updates** - 35 minutes

- **Curriculum & Learning Support** - Keith Oswald/Eric Stern/Stacey Lazos
- **Single School Culture© Initiatives** - Keith Oswald
  - Kim Cotton Williams/Kim Mazauskas/Rick Lewis
  - School Counseling - Nancy Reese/Michael Kane
- **Exceptional Student Education** - Will Gordillo/Kevin McCormick/Debbie Neeson
- **Student Intervention Services** - Dr. Joseph Lee/Ellen VanArsdale/Cathy Burns
- **Afterschool Programming** - JoAnne Beckner/Kathleen Moore/Stephanie Wagner
- **Choice and Career Options** - Peter Licata/Miguel Benavente/Liz Shapiro
- **Employee Wellness** - Dianne Howard/Kim Sandmaier/Donna Winter
- **Environmental & Conservation Services** - Paul Strauss/Christina Davis
- **Public Affairs** - Jason Shockley/Natalia Arenas/Jimmy Peterkin
- **Planning and Real Estate Services** - Kristin Garrison/Angela Usher/Michael Owens
- **School Food Service** - Allison Monbleau
- **Chief Academic Office** - Cheryl Alligood/Barbara Terembes
- **External Partners** -
  - Caridad Center: Jezabel Maisonet/Marta Zuluaga
  - Others...

**Nutrition Education** - School Meals Program Brochure

**Physical Activity Update** - Eric Stern - 10 Minutes

- PEP Grant - Year III Update
- Professional Development Training's
- 3<sup>rd</sup> Annual South Florida Kids Read and Run - Kid's Mile
- HealthTeacher Update - Stacey Lazos
- RWJF's ~ Healthy Kids, Healthy Communities Grant - Erica Whitfield

**Nutrition Standards and Nutrition Promotion** - Allison Monbleau - 5 Minutes

- 2013 School Food Service Department Annual Report link:  
<http://www.palmbeachschools.org/annualreport/2012/index.html>

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✚ Closing Remarks – Steve/Paula ~ 4 minutes

✚ FY 2013-2014 Wellness Promotion Task Force Meeting Dates ~ 2 minutes

**Location:** FHESC – Main Board Room

[Fulton-Holland Educational Services Center - 3300 Forest Hill Boulevard West Palm Beach, FL 33406](#)

- **Thursday, December 5, 2013 -- “Wellness Celebration”**
  - 2:30 p.m. – 4:30 p.m. (4:30 p.m. – 5:30 p.m. – **Meet & Greet**)
- **Wednesday, February 5, 2014**
  - 8:30 a.m. – 10:30 a.m. (10:30 a.m. – 11:00 a.m. – *Q & A and Networking*)
- **Wednesday, April 9, 2014**
  - 8:30 a.m. – 10:30 a.m. (10:30 a.m. – 11:00 a.m. – *Q & A and Networking*)
- **Thursday, May 15, 2014**
  - 3:30 p.m. – 6:00 p.m. (6:00 p.m. – 6:30 p.m. – *Q & A and Networking*)

✚ SAVE THE DATES...Upcoming Community Events and Announcements...refer to attached documents from external partners...check them out!

✚ **Q & A -- Open Forum**

~ Thank you for coming - please complete the 1<sup>st</sup> meeting’s “SurveyMonkey” that will be e-mailed to you soon.

See you ALL at the 3<sup>rd</sup> Annual “Wellness Celebration” ...on December 5, 2013 ☺ ~



“As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.”

~ John F. Kennedy ~